Good Websites for Nutrition Info.

* Academy of Nutrition and Dietetics -- [www.eatright.org](http://www.eatright.org)

Eatright.org is one of the best websites for accurate nutrition information. Eatright.org is the Academy of Nutrition and Dietetics website and it is chock full of all kinds of pertinent information.

* American Diabetes Association 800/342-2383, [www.diabetes.org](http://www.diabetes.org)
* American Heart Association, 800/242-8721, [www.americanheart.org](http://www.americanheart.org)
* American Institute for Cancer Research, 800/843-8114, [www.aicr.org](http://www.aicr.org)
* American Cancer Society, 800/ACS-2345, [www.cancer.org](http://www.cancer.org)
* Food Allergy Network, 800/929-4040, [www.foodallergy.org](http://www.foodallergy.org)
* CDC –Center for Disease Control [www.cdc.gov](http://www.cdc.gov)
* NIH Office of Dietary Supplements -- <http://ods.od.nih.gov/>
* National heart Lung and Blood Institute – <http://www.nhlbi.nih.gov>